

Hot Drinks	Small	Large	Soft Drinks	
Calories are based on semi-skimmed milk		J	Bottlegreen Presse - Elderflower	£3.60
Espresso (3kcal, 6kcal)	£2.00	£2.40	Bottlegreen Presse - Elderflower & Pomegranate	£3.60
Macchiato (30kcal)		£2.70	Bottlegreen Presse - Raspberry Lemonade	£3.60
Cortado (35kcal)		£2.70	Kingsdown Water Still 33cl	£2.05
Americano (5kcal, 9kcal)	£2.70	£3.10	Kingsdown Water Sparkling 33bl	£2.05
Cappuccino (98kcal, 124kcal)	£2.90	£3.50	Coke	£2.60
Latte (137kcal, 176kcal)	£2.90	£3.50	Diet Coke	£2.50
Flat White (135kcal, 169kcal)	£2.80		Flawsome Orange Juice	£4.10
Mocha (185kcal, 237kcal)	£3.10	£3.70	Flawsome Sour Apple	£4.10
Hot Chocolate (231kcal, 278kcal)	£3.50	£4.10	Flawsome Apple and Mango	£4.10
Cup of Tea (lkcal)		£2.30	Flawsome Apple and Super Berry	£4.10
Pot of Tea (3kcal)		£3.60	Dalston's Real Squeezed Lemon	£2.40
Extra Espresso Shot (3kcal)		£0.60	Dalston's Real Fiery Ginger Beer	£2.40
Syrup (49kcal per 15ml)		£0.60	Dalston's Real Squeezed Peach Soda	£2.40
Milk Alternative		£0.60		
			Salads	
Breakfast			Side Salad	£2.60
Morning Bakery Selection	Fro	m £3.75	Large Salad	£4.60
Breakfast Panini Selection	From £4.60		Selection of Four Salads	£7.00
Breakfast Bowl	From £3.90 Selection of Four Salads with a Deli Items £12.40			
Sandwiches and Bagels		Hackney Gelato		
From		£5.10	1 Scoop	£3.60
			2 Scoops	£7.00
Fresh from the Deli		3 Scoops	£7.50	
From		£6.20	Feedback	
Sweet Treats			Thank you for dining at Middle Temple.	
From		£2.40	Scan the QR code to leave a review. Your input helps us ensure that every visit is nothing short of exceptional for all our guests.	NEW