



THE HONOURABLE SOCIETY OF THE  
MIDDLE TEMPLE

# STUDENT INTRODUCTORY PACK

FOR STUDENT MEMBERS

2021/22

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**MEMBERS OF THE INN’S STAFF YOU ARE MOST LIKELY TO MEET**

**EDUCATION DEPARTMENT**

T | 020 7427 4800 (option 1)  
[education@middletemple.org.uk](mailto:education@middletemple.org.uk)

- |                                |                   |
|--------------------------------|-------------------|
| Director of Education          | Christa Richmond  |
| Education Services Manager     | Sally Yorke       |
| Training Programme Manager     | Rosalie Bower     |
| Scholarships Officer           | Madeleine Cirdei  |
| Outreach Officer               | Richard Frost     |
| Student Records Officer        | Alexandra Stan    |
| Education Services Coordinator | Jonny Boyd        |
| Education Services Coordinator | Alex Baguley      |
| Education Office Assistant     | Reynaldo Monument |

**LIBRARY**

T | 020 7427 4830  
[library@middletemple.org.uk](mailto:library@middletemple.org.uk)

- |                          |                     |
|--------------------------|---------------------|
| Librarian                | Renae Satterley     |
| Deputy Librarian         | Harpreet Dhillon    |
| Assistant Librarian      | Beth Flerlage       |
| Assistant Librarian      | Jake Hearn          |
| Senior Library Assistant | Patrick Ghirardello |
| Library Administrator    | Marie Nash          |

**SECURITY**

**TERM DATES 2020**

**Middle Temple Security**  
**24 hour assistance**  
**020 7797 7768**

<b>Michaelmas Term</b>	Friday 1 October to Tuesday 21 December 2021
<b>Hilary Term</b>	Tuesday 11 January to Wednesday 13 April 2022
<b>Easter Term</b>	Tuesday 26 April to Friday 27 May 2022
<b>Trinity Term</b>	Tuesday 7 June to Friday 29 July 2022

## ADVOCACY TRAINING

### ADVOCACY WEEKENDS

The Inn usually offers four highly-subsidised residential weekend courses each year, three at Cumberland Lodge in Windsor Great Park and one in York. These could not take place since March 2020 until July 2021 when we were able to run two weekends which were very well-received by those who attended. We hope to be able to run the usual weekends in 2021/22.

However, we also understand that not all students will be able or will feel comfortable attending in person. For this reason, we plan to organise some shorter online advocacy training sessions in 2022 (details will be published on the website in due course).

A weekend course counts as four Qualifying Sessions. An online session will count as one Qualifying Session (TBC).

This training is specifically for students currently on the Bar Course, although if there are spaces available they may be offered to other members of the Inn who are post Bar Course and pre-Call.

Due to the high demand for places on the weekends, places are allocated by ballot. For dates and to enter the ballot please visit the website at <https://www.middletemple.org.uk/education-training/student-information-services/advocacy-training-for-students>

**The deadline for applications is Sunday 24 October 2021.**

### VOLUNTEERING TO BE A 'GUINEA PIG' OR WITNESS

There are a few opportunities during the year for students to gain a Qualifying Session free of charge by assisting on one of our advocacy courses which provides useful exposure to advocacy training.

#### ACTING AS A 'GUINEA PIG' ON A TRAINING THE TRAINERS PROGRAMME

All the Inn's Advocacy Trainers are practitioners who have undergone a *Training the Trainers* programme. On those programmes, Bar students are taught advocacy by new trainers who are practising the teaching method, jointly with very experienced trainers. Acting as a 'guinea pig' on a *Training the Trainers* Programme, which take place on Saturdays, is accredited as one Qualifying Session.

#### ACTING AS A WITNESS ON THE NEW PRACTITIONERS' PROGRAMME

In the first three years of independent practice, new practitioners are required to undertake a programme of advocacy training on which student volunteers act as witnesses. Although they will not receive any advocacy training themselves, students tend to find it very useful to observe the training given to the new practitioners. Acting as a volunteer on an NPP exercise, which take place on Saturdays, is accredited as one Qualifying Session.

For information about how to sign up please visit the website at <https://www.middletemple.org.uk/education-training/student-information-services/advocacy-training-for-students>

## CALL TO THE BAR

Middle Temple usually arranges Call ceremonies four times every year. They are traditionally held on the second Thursday in March and October and the fourth Thursday in July and November. In recent years, we have added multiple ceremonies in July and November to accommodate demand.

### REQUIREMENTS FOR CALL

Students can be Called to the Bar once they have successfully completed the Bar Course and been credited with the requisite number of Qualifying Sessions. These QS must be completed during a period of no more than five years ending on the date on which that person is Called to the Bar. Students are also required to have a 'Standard' DBS check and the international equivalents where applicable – these must be obtained through the Inn specifically for the purpose of Call.

Full details available at <https://www.middletemple.org.uk/education-training/student-information-services/call-to-the-bar>

### APPLICATIONS FOR CALL

In order to be Called you must submit an application by the relevant deadline. **The application form and deadlines will be published on the website.**

Applications can be submitted before Bar Course results have been confirmed, and before all Qualifying Sessions have been completed, but Call to the Bar may only take place when all pre-conditions are met. The Call fee is currently £125.

## ESSAY PRIZES

Every year the Inn runs two essay competitions;

- Colombos Public International Law Essay Prize, worth £1,000
- Lechmere Essay Prize, worth £500

Essay titles and deadlines are usually announced towards the end of the Trinity term (July). At that time more information can be found on the website at <http://www.middletemple.org.uk/education-and-training/scholarships-and-prizes/essay-prizes/>

## OVERSEAS SCHOLARSHIPS

There are a number of scholarships available to enable members of the Inn who have completed their Bar Course to make educational visits abroad. These usually include trips to Hong Kong,

America, Luxembourg, Israel and Canada.

Details of all overseas scholarships can be found on the website at <http://www.middletemple.org.uk/education-and-training/scholarships-and-prizes/overseas/>

*Some of these scholarships are currently on hold due to Covid-19. Any updates will be posted on the website.*

## LIBRARY

Please check the website for the library's opening hours:

<https://www.middletemple.org.uk/library/library-information/library-opening-hours> as they may vary due to the pandemic.

The Library offers a quiet place for study and provides print and electronic research materials covering a wide range of English legal subjects, as well as EU and US law. The Library subscribes to a range of legal databases, journals and law reports including, but not limited to: Bloomsbury Professional, iLaw, Justis, Lawtel, LexisLibrary and Westlaw UK and US. The full list of electronic materials, along with access to the library catalogue is available at:

<https://www.middletemple.org.uk/library/information-resources>. These resources are only accessible in the library: remote access is not available unfortunately.

Practitioner textbooks are available for overnight loans and a limited number of iPads with ebooks are available for weekly loans (with a £5 lending fee). We also offer a collection of non-practitioner books that can be borrowed for a month.

The Library has published guides to legal research covering UK, Irish, EU and US law, as well as parliamentary publications. These are available in the Library, or PDFs can be downloaded from our website: <https://www.middletemple.org.uk/library/information-resources/library-guides>. The Library has free WiFi and 16 public computer terminals which provide access to our electronic subscriptions, Internet, and MS Office. Scanning, copying and printing facilities are available at a 50% discount (student ID must be shown).

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## TOURS OF MIDDLE TEMPLE LIBRARY

Our virtual tour offers a short introduction to the Middle Temple Library, detailing services offered to students and barristers. [Click to take a look around the library and learn more about how we can help you.](#)

In person tours are available at the beginning of term – these last 30 minutes and are limited to 5 people. [Click to check dates and contact the library to book.](#)

## MARSHALLING

This scheme aims to give a student the opportunity to marshal with a judge (sit with him or her on the bench in court), usually for between 3 and 5 days. As well as showing a different perspective on the courtroom itself, it can be an opportunity to speak to the judge informally, with the possibility of being

invited back to the judge's chamber, which could give further insight into the workings of a court.

Because the number of judges is limited, we are only able to accept applications from students who have started the Bar Course or have already completed the course and are seeking pupillage. Applications can be made via the website at <https://www.middletemple.org.uk/education-training/student-information-services/marshalling>

## MOOTING

### ROSAMUND SMITH MOOTING COMPETITION

Every year the Middle Temple runs a large mooting competition for its student members. It is open to both Bar Course and CPE/GDL students and is a pairs competition. Wherever possible you should find your own mooting partner, and ONLY one of you should complete the application form with details for you both (*if you are struggling to find a partner you can apply singularly and we will endeavour to pair you up; however, we cannot guarantee that this will be possible*).

During Covid-19 we held all the moots online which has worked quite well. It is likely that the early rounds of this year's competition will be online as it will open it up more to all student members. It also provides some experience of online advocacy which will continue to be required in the future.

**The deadline for applications is 08:00 am on Monday 25 October 2021.**

**Please note** that to be eligible to enter you and your partner must both be members of the Middle Temple and current students on either the Bar Course or the GDL in the academic year 2021/22.

There will be an **Introductory Session** for all participants at 18:00 on 6 December 2021.

#### PRIZES

The four students who reach the final will each win a wig and gown. In addition, they usually take part in a fully funded mooting exchange with a US law school (either Pepperdine University in Malibu, California, or University of North Carolina in Chapel Hill). *These trips have been on hold due to Covid-19.*

For more information on mooting and the application form for the Rosamund Smith Mooting Competition please visit the website at <https://www.middletemple.org.uk/education-training/student-information-services/mooting>

### MOOT TIMEKEEPING

Students not competing can volunteer to be a timekeeper for one or more moots, which gives you the chance to see the mooters in action and pick up advocacy tips from the judges. To sign up please email Alex on [a.baguley@middletemple.org.uk](mailto:a.baguley@middletemple.org.uk).

## MOOT V PEPPERDINE UNIVERSITY, ROYAL COURTS OF JUSTICE

As you may know, American graduate law students from Pepperdine study in London during their second or third year. Their programme includes courses in international law and the required American law courses, as well as a number of moot competitions against Middle Temple, Inner Temple and Gray's Inn.

One of their most popular moots is the one we host at the RCJ for Pepperdine and Middle Temple students. In keeping with tradition, Pepperdine University School of Law invite interested students from Middle Temple to take part in the annual Royal Courts of Justice Moot Court Competition to be held on **18 November 2021 at the Royal Courts of Justice from 6.00pm to 8.30pm**, followed by refreshments at a nearby pub. Please note that this event is not a qualifying session.

### PEPPERDINE UNIVERSITY SCHOOL OF LAW

56 Prince's Gate, London, SW7 2PG  
Tel: 0207 581 1506

Greetings from Pepperdine University School of Law!

A few years ago, we started the fine tradition of a mixed team moot, The Pepperdine – Middle Temple Royal Courts of Justice Moot.

As you may know, American graduate law students from Pepperdine study in London during their second or third year to take courses in international law as well as required American law courses. In addition, we organise a number of moot competitions including two against Middle Temple and Inner Temple.

One of our most popular moots is the one we host at the Royal Courts of Justice for Pepperdine and Middle Temple students. In keeping with tradition, Pepperdine University School of Law wishes to invite interested student members from Middle Temple to take part in the annual RCJ Moot Court Competition to be held on **18 November 2021 at the Royal Courts of Justice from 6.30pm to 8.30pm, followed by refreshments with the judges at the George Pub.**

There will be one or two courts sitting, depending on numbers. The case to be argued is a criminal one.

Whether you are a novice or an experienced mooter, you are encouraged to take part in this year's Pepperdine-Middle Temple Royal Courts of Justice Moot. Part of our tradition is to have mixed teams, that is, each team will be comprised of a Middle Temple student member, paired with a Pepperdine student.

Last year we had an overwhelming amount of interest in the RCJ Moot. This year we will be choosing up to 8 Middle Temple moot participants at random to compete. Please [CLICK HERE](#) to apply to take part. **Your application is due on or before Wednesday, 20 October at 5pm.** Once you have been accepted and confirmed you will be put in touch with your Pepperdine partner.

The moot problems will be e-mailed to you by 4 November 2021. A list of authorities and skeleton arguments are to be exchanged by e-mail between mooters 48 hours in advance of the moot and also e-mailed to the judge presiding. Bundles should be prepared to present to the judges on the day of the competition. Lead Counsel will argue for 15 minutes, Junior Counsel for 10 minutes.

Come and enjoy the evening and feel free to bring your supporters. We look forward to seeing you at the moot.

With kind regards  
Karen Haygreen  
*Associate Director, Pepperdine Law London Programme*



# INTERNATIONAL MOOTING OPPORTUNITY

## APPLICATIONS NOW OPEN

### WHAT IS IT?

The prestigious **Willem C Vis International Commercial Arbitration Moot** is being held online between Saturday 9 April and Thursday 14 April 2022. The competition, which took place annually in Vienna until the pandemic, attracts nearly 400 teams from around the globe.

As part of the Middle Temple team, you will be competing against international teams of law students and trainee lawyers and arguing your own case before some of the world's leading arbitrators.

You will receive regular coaching sessions from October 2021 to April 2022 and help to prepare two written memoranda. You will also participate in at least two London-based pre-moots and gain invaluable experience of online hearings. The final moot competition in April is intense, stimulating and great fun. Although the moot itself will be fully online in 2022, the organisers are hoping to set up "Social Bubbles" which may permit travel to Vienna to meet other teams socially, depending on the course of the pandemic and the rules for social gatherings.

Every year the moot problem involves two sale of goods issues and two arbitration issues, but no specialist expertise is required, and the teams are marked on their advocacy, not on getting the "right answer". You don't need to be aiming for a commercial law practice either: previous team members have gone on to practise in crime, family, Chancery, construction and other areas.

The biggest benefit from taking part will be the confidence boost to your advocacy skills. Many former team members have said how it helped them with pupillage interviews, as well as winning them CV points for actual advocacy experience.

A former team member has commented:

***The opportunities to excel your advocacy and drafting skills are immeasurable...If you find yourself only able to commit to one extracurricular during the Bar Course, I strongly recommend the Vis Moot, for the rewards, both professional and personal, are aplenty.***

Further details, including dates, can be found at:

<https://vismoot.pace.edu/>

### WHAT ARE WE LOOKING FOR?

The Middle Temple has a history of success. Previous teams have reached the final rounds in Vienna and have won the London pre-moots, with individual mooters also receiving winning scores.

Applicants must be student members of Middle Temple. We are looking for individuals who are hungry to learn, and a team which is committed to working hard and to winning. In particular, we will be looking for evidence of:

- Team working skills;
- Strong organisational and time management skills;
- Academic ability;
- Drive and determination.

Experience of debating, mooting or other public speaking is desirable but not essential.

### WHAT WILL I LEARN?

Under the tuition of Zoe O'Sullivan QC (Serle Court), Zara McGlone (4 Stone Buildings) and former Vis mooter Dr Alfie Lewis, you will:

- Receive advocacy training from leading experts in arbitration
- Develop an astute understanding of international commercial law
- Learn which arguments work and which don't
- Learn to draft professional memoranda
- Learn to manage your time effectively; and
- Begin to understand the realities of case management.

We are flexible about the place, format and time of the coaching sessions. All sessions were held online last year, but we can offer face to face sessions if requested by the team.

## HOW DO I APPLY?

Please prepare an email statement of:

- A maximum 80 words on why you want to be part of the Middle Temple Vis team; and
- A maximum 200 words, setting out how you meet the criteria described in 'What are we looking for?'

Send this with a copy of your CV (maximum 2 pages), and your Middle Temple membership number, to: [z.mcglone@4stonebuildings.com](mailto:z.mcglone@4stonebuildings.com) by **Friday 1 October 2021 at 7pm**.

There are up to 6 places on the team. 10-12 shortlisted candidates will be invited to interview. Interviews will be conducted by the coaches, and will be held online on Wednesday 6 and Thursday 7 October 2021 – applicants should ensure that they are available on those dates. Successful applicants will be informed of the exact date and time by email. Please note that it will not be possible to provide feedback to unsuccessful applicants.

## OTHER MOOTING OPPORTUNITIES

There may be other opportunities to moot through the Middle Temple Students' Association. Following the MTSA Elections, contact the Mooting Officer to find out what the Students' Association has planned for 2021/22.

## SPONSORSHIP

An institution such as the Bar, with its traditions and formality, can appear daunting. This scheme aims to provide student members with a 'sponsor' - a practising barrister – who will act as a mentor and contact at the Bar, taking a personal interest in the student and providing advice where appropriate. The student is often referred to as a "spondee".

For more information and to apply for a Sponsor please visit

<https://www.middletemple.org.uk/education-training/student-information-services/sponsorship-scheme>

## QUALIFYING SESSIONS

Students are required to attend a prescribed number of Qualifying Sessions (QS) in order to be Called to the Bar. Full details of the requirements are on our website at <https://www.middletemple.org.uk/education-training/student-information-services/qualifying-sessions>

The compulsory sessions must be accumulated within a period of no more than 5 years ending on the date of Call. All QS must be completed before the date of Call.

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## ATTENDANCE AT QUALIFYING SESSIONS

- Attendance at QS at the Inn is recorded by the Front of House staff who collect students' tickets and check their names against a list. **The onus is on students to hand in their printed ticket and thus to make sure that their attendance goes on record.**
- Attendance at online QS is recorded when you join the meeting link provided. We will check that you remained in the meeting for the duration. **The onus is on the student to join on time and to include their full name as they join.**

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## BOOKING TICKETS

Members of the Inn can book and pay for tickets for themselves (and guests where applicable) online. You can then access and print out your tickets from your account.

You cannot book tickets for another member of the Inn as your guest if they want the Qualifying Session to count on their record.

To book tickets you will have to log in to the website at [www.middletemple.org.uk](http://www.middletemple.org.uk). If you have not yet created a log-in you can do so by clicking 'Register' at the top of the homepage ~ you will need your membership number to complete this process.

### **Please bear in mind:**

- Unless otherwise stated, or the event sells out earlier, booking will close at 12:00 two working days prior to the event.
- Payment (where applicable) must be made at the time of booking – we are not able to reserve tickets.
- When you receive your confirmation email it is your responsibility to check that all the information for your booking is correct.

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## CANCELLATION POLICY

If for some reason you are unable to attend an event you must cancel your booking by contacting the Treasury Office (You cannot cancel tickets online). A refund will only be processed where a ticket is cancelled by 12:00 two working days before the event.

You should view these events as a professional commitment. Always contact the Inn to cancel if you're no longer able to attend, even if it's outside of the cancellation window.

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## DIETARY REQUIREMENTS

- Dietary information for events at the Inn which involve a meal can be added to yours and your guests' tickets once you have booked them by logging onto your account on the website.

- Please ensure that you inform the Inn in good time if you (or any of your guests) have any special dietary requirements, e.g. Vegetarian, Vegan, Pescatarian, Halal, Gluten free, or any food allergies. Informing staff on the evening of the event will be too late so please do bear this in mind.
- For information about Kosher Meals and attending events during Ramadan please visit the website at <https://www.middletemple.org.uk/dietary-requirements>

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## DRESS CODES

Events in Hall are usually formal occasions and all present should always be dressed in appropriate clothes, having regard to the nature of the occasion. For more information please visit the website at <https://www.middletemple.org.uk/middle-temple-dress-code-tie-policy>.

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## RULES & CUSTOMS

There are certain rules and customs that members are expected to observe when attending formal Qualifying Sessions at the Inn. For more information please visit the website at <https://www.middletemple.org.uk/rules-and-customs>.

## PUPILLAGE SUPPORT

The Pupillage Gateway, managed by the Bar Council, is the online application system for pupillage. It is a Bar Standards Board requirement that all pupillages are advertised on the Pupillage Gateway for a minimum of two weeks. Some chambers will require you to apply through the system, others have their own application system. For more information please visit <http://www.pupillagegateway.com/>.

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### MOCK PUPILLAGE INTERVIEW SCHEME

The Inn offers those with imminent Pupillage Interviews the opportunity to practise their interview technique in front of barristers.

Applicants who have been granted a Pupillage interview may apply to the Inn using the online form and where possible will be matched with a Barrister with the appropriate specialisation from a different chambers to the one offering the interview.

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### PUPILLAGE INTERVIEW TRAVEL EXPENSES

The Inn has a limited fund available to support those students who incur substantial expenses in attending pupillage interviews and are finding this financially challenging.

Funding will be limited to cases of particular hardship or exceptional circumstances. Each applicant is expected to underwrite the first £200 of their expenses before seeking support from the fund.

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### PUPILLAGE SUPPORT GRANTS

In 2016 the Inn launched a support scheme for members who are suffering particular financial hardship during pupillage. The funds available each year are limited.

To be eligible to apply you must;

- be a member of Middle Temple.
- have been awarded a pupillage undertaking principally publicly funded work.
- be in receipt of a pupillage award (including guaranteed earnings) no greater than; £17,500 for pupillages outside of London, or £20,000 for pupillages in London.

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### PUPILLAGE HARDSHIP GRANTS

The Middle Temple is able to make awards to members of the Inn who are in pupillage, or who have pupillage arranged, to alleviate cases of serious unexpected hardship. Their purpose is to ensure, so far as possible, that members of the Inn with the potential to succeed at the Bar are not prevented from doing so by some unexpected financial setback. The funds available are limited.

For more information on Pupillage Support please visit the website at <https://www.middletemple.org.uk/education-training/pupillage-support>.

*The support grants and hardship grants are currently amalgamated into the Emergency Assistance Fund for Students and Pupils.*

# MIDDLE TEMPLE SOCIETIES & ORGANISATIONS

## MIDDLE TEMPLE STUDENTS' ASSOCIATION (MTSA)

### WHAT DOES THE MTSA COMMITTEE DO?

The MTSA committee is a student committee formed fundamentally to represent the interests of all student members of MT, providing a formal link between the MT student member and the Inn. As a student member of Middle Temple, you are automatically a member of the MTSA.

**RUN FOR A POSITION DURING THE [MTSA COMMITTEE ELECTIONS!](#) ATTEND AND VOTE!**

### MTSA ELECTIONS

**Tuesday 12 October 2021**

[Register to attend](#) (regardless of whether or not you're planning to stand for any positions)

Positions available:

**President** (president@middletemplestudents.com)

**Vice President** (vice-president@middletemplestudents.com)

**Treasurer** (treasurer@middletemplestudents.com)

**Mooting Officer** (mooting@middletemplestudents.com)

**Debating Officer** (debating@middletemplestudents.com)

**Social Secretary** (events@middletemplestudents.com)

**Equality, Diversity & Welfare Officer** (diversity-equality@middletemplestudent.com)

**Communications' Officer** (communications@middletemplestudents.com)

If you would like a more details on what each committee member does in their role throughout the year, please email them directly. You can also contact us through any of our social media pages.

## LOCAL BAR COURSE REPS (OUTSIDE OF LONDON)

Each Bar Course provider outside of London will have student reps for each of the four Inns, who are tasked with organising local qualifying sessions. At Middle Temple, we do not prescribe how they should be determined. Typically, all Middle Templars at an institution get together at the beginning of term to agree who should act as a rep. If it is preferred, a group of students may work together as a team of reps. Ideally, this should happen before the Out of London Student weekends at the Inn.

Students studying the Bar Course at a provider outside of London may accrue up to 5 of their required QS at events not organised by the Inn.

Since the changes to QS regulations in 2020, the Inn will work closely with the reps to organise some sessions held locally to each university.

Once reps have been appointed they should notify Christa Richmond on [c.richmond@middletemple.org.uk](mailto:c.richmond@middletemple.org.uk). Further details will be provided to the reps once the Inn has been notified.

## MIDDLE TEMPLE YOUNG BARRISTERS' ASSOCIATION (MTYBA)

MTYBA - Middle Temple Young Barristers' Association represents the interests of the Inn's members from the point of being called to the Bar to 7 years post-pupillage experience. We organise professional and social events and provide funding in the form of grants. Membership is automatic upon being called to the Bar.

We encourage engagement via Twitter, Facebook, email ([enquiries@mtyba.org](mailto:enquiries@mtyba.org)) and our website [www.mtyba.org](http://www.mtyba.org).

## TEMPLE WOMEN'S FORUM

The Temple Women's Forum was founded by Middle and Inner Temple in 2011 to encourage and support women throughout their careers, so as to increase retention within the profession. It provides a meeting place to focus together on some of the key issues identified as contributing to the decision of many women to leave the profession in the prime of their careers. Although aimed at women practitioners, men are certainly not excluded. <https://www.innertemple.org.uk/your-professional-community/temple-womens-forum/>

## MIDDLE TEMPLE LGBTQ+ FORUM

The Forum has been created to support, advise and encourage members of The Honourable Society of the Middle Temple and the Bar as a whole, who identify within the broad heading of LGBTQ+. Although the Forum is described as being for those identifying as LGBTQ+, it is open to all and supportive of all. In doing so, the Forum welcomes allies from every corner; it is created to be an inclusive rather than exclusive organisation. Everyone is welcome, regardless of sexuality, gender or any other characteristic. <https://www.middletemple.org.uk/members/inn-societies-and-groups/lgbtq-forum>

## MIDDLE TEMPLE CIRCUIT & OVERSEAS SOCIETIES

### UK - Circuits

In a bid to re-engage with our members on Circuit, the Inn has established Middle Temple Societies on the Circuits out of London, with Societies established on the Northern, North Eastern, Midland and Wales Circuits. The Inn will be setting up a Western Circuit Society in the near future.

If you are interested in being involved on your Circuit please do let the Membership team know.

### Overseas

There are Middle Temple Societies in Hong Kong, Malaysia, Mauritius, Singapore and Gibraltar.

For details of how to contact any of the secretaries of the International Societies please get in touch with the Membership Department.

020 7427 6385  
[members@middletemple.org.uk](mailto:members@middletemple.org.uk)



## MIDDLE TEMPLE HISTORICAL SOCIETY (MTHS)

Welcome to the Middle Temple. You will probably not have heard of the Middle Temple Historical Society. We and our guests usually meet approximately four times a year in the Bench apartments for drinks, a hot supper and a talk on an historical topic, usually with a legal theme, though since Covid we have moved our lectures online. Membership of the Society is open to all members and friends of the Inn and its staff and a warm welcome is extended to students. We very much hope that you will join us. If you would like more information, please contact us at [mths@middletemple.org.uk](mailto:mths@middletemple.org.uk).

## MIDDLE TEMPLE REVELS



Revels is a comedy sketch and song show held in Middle Temple Hall during Christmas time, comprised of original material and accompanied by a live band.

The show has a long history going back at least 400 years. It has changed shape over time, but it has always retained the tradition of being a little rebellious.

We are looking for:

**\*Actors\* \*Singers\* \*Musicians\* \*Writers\* \*Back of House\***

Commitments are usually:

- Twice weekly evening rehearsals from the beginning of October through to December as we create the show from scratch
- Two All-Day rehearsals in late November/early December which are mandatory
- Dress Rehearsals on two evenings in December (also mandatory)
- The show nights are Thursday 16 and Friday 17 December 2021

We want to reassure you that the majority of Revellers have done the show alongside their studies, pupillage and tenancy. We know that Middle Templars are a talented bunch! So we see this is a chance for you to show off your skills and have some fun.

We will be at the Introductory Session for London Students on 21 September, so come and speak to us. Or if you want to get in touch with us at any other time, please do email us at [middletemplerevels@gmail.com](mailto:middletemplerevels@gmail.com).

Dates for auditions are TBC.

Meanwhile, if you want to see the kinds of songs and sketches we have created here are some clips from previous performances:

<https://www.youtube.com/channel/UCL6nFLk2RI40k1HBeSeBnwA>

And if you want to know more about the history of Revels, [check out this article](#) on the website.



## TEMPLE CHURCH

*"I am 'the reverend and valiant' Master of the Temple at the Temple Church, shared between Middle and Inner Temple. The Church itself, through the first courtyards on the other side of Middle Temple Lane, is very beautiful and has a wonderful choir. All members, of any religious faith or none, are welcome to the services and to all other events. I live in the Temple, next to the Church, and am always available to meet members of the Inn; as a former college-chaplain, I know that student-life can at times be hard. I look forward to meeting at least some of you over the year."*

Robin Griffith-Jones, Master of the Temple Church

## WELL BEING

### MIDDLE TEMPLE COUNSELLING SERVICE

The Inn offers a free and confidential 1-1 counselling service on site to student members of the Inn. The service offers support with both personal and professional issues from a qualified and experienced therapist.

For more details about the service please contact Christa Richmond, Director of Education, at [c.richmond@middletemple.org.uk](mailto:c.richmond@middletemple.org.uk)

### WELL BEING AT THE BAR



Wellbeing  
at the Bar

Congratulations on your successful degrees and commencing professional training. You will all no doubt be familiar with the term 'stress' and many of you may have experienced some of the unpleasant symptoms associated with it during your studies. But how many of you are aware of what the symptoms are? Or how to recognize them in yourself and others? More importantly what you can do to manage these issues both with preventative steps and simple recovery to ensure that you develop into a resilient lawyer for successful future practice.

Demands and psychological distress in Lawyers globally is a developing phenomena. This is an issue for the profession because it can lead to ethical and professional performance issues, retention difficulties and creation of a toxic culture and environment.

Therefore the General Council of the Bar and all four Inns of Court, supported by the Specialist Bar Associations and Institute of Barristers Clerks have developed a project to support the Wellbeing of those within and entering the profession to safeguard and manage these risks.

Wellbeing is about having the resilience and ability to carry out your professional duties in a healthy way.

The Wellbeing at the Bar programme is designed to:

- a) **Provide members of the profession with the information and skills they need to stay well;**
- b) **Support members of the profession as they deal with difficulties that arise in so far as they affect a barrister's professional life; and**
- c) **Provide assistance to those with responsibility (or taking on a supporting role) for those in difficulty or crisis.**

Investing in developing the awareness and skills to maintain your wellbeing during demanding studies, work and life in a healthy way will optimize your performance, and ensure that you have the best chance of success in your professional life.

The [Young Bar](#) are actively seeking to support you in your early career and have developed a Young Bar Toolkit, comprising of vital information for the new and developing practitioner.

The Bar Council have developed a [Wellbeing Portal](#) where you can access information regarding what wellbeing at the bar is, how to manage your own wellbeing and support others whom you may be concerned about and what events are being run in conjunction with specialist bar associations, the Inns and Chambers which you can participate in.

All Inns of Court, Circuits, and Specialist Bar Associations are committed to developing further events and training seeking to provide you with the training to manage your lives and practice in the coming years.

You can also find support and guidance regarding any Equality, Diversity and Disability issue in confidence from The Bar Council via their helpline on 02076111320.

### **Know the basics!**

#### **The critical essentials**

Sleep, Diet, Exercise, Mindfulness, Play, Nurturing relationships and daily gratitude practices. Be kind to yourself. Be proud of what you do.

#### **Perfectionism & rumination risk**

Lawyers as a profession are taught to use their brains in a highly analytical way. This learnt behavior places us at risk of perfectionism and rumination in our private lives too which can lead to unhealthy over analysis. At your current stage you may also face great challenges with regards to your future aspirations and from time to time feel negative or low in spirits regarding this.

#### **Simple safeguards**

Your studies, remember the basics, and creating healthy habits for balance and success. Your career, keep the challenges in context, and normalize the rejections given the competition of the Bar, seek support via mentoring, counselling and share your concerns with family, friends or professional schemes offered by your Inn. Ask yourself every year how you are travelling and where you want to be in two years' time, set a goal which you can feel a sense of pride and success in achieving, it may be some voluntary work, or even an unrelated career goal.

Consider doing a skills audit to evaluate your abilities and growth. Ask yourself frequently if you want to keep doing this and consider seeking support to change direction if you're not content. Be aware of adrenalin addiction.

#### **Getting Help**

During your studies you have access to your providers counselling and support service, be aware that the portal has an online facility providing you with lots of valuable guidance. Pupils and self-employed practitioners have access to free counselling via an assistance scheme managed by Bar Council and funded by WATB and the Bar Mutual Indemnity Fund.

*Rachel Spearing, Co-Founder of WATB, Bencher of Inner Temple*

**EXTERNAL SCHEMES / VOLUNTEERING**

## BRIDGING THE BAR

Bridging the Bar (BTB) is a charity, which is dedicated to diversifying the profile of barristers in England and Wales. An integral part of equal access to opportunity to the Bar is enabling students from non-traditional backgrounds to gain practical work experience. BTB was registered one year ago in August 2020 in the midst of a global pandemic and a national lockdown. Nonetheless, the entire team at BTB remained determined to ensure that these events would not halt the charity's progression. We provide our beneficiaries with mini-pupillages, alternative work experience, mentoring, events and workshops.

### Target Group:

BTB is committed to increasing the equality of access to opportunities within the legal profession across all underrepresented groups. We support students whom, owing to their disability, ethnic background, socioeconomic background, education or sexuality, belong to groups which are statistically underrepresented in the profession.

### BTB's 1st year:

In BTB's first year, the charity has established considerable partnerships and working relationships with organisations and institutions across the profession. 67 barrister's Chambers across the UK have signed up to support the BTB mini-pupillage programme, 19 organisations have become sponsorship partners, over 300 barristers and members of the judiciary have signed up as volunteers, and paid internship schemes have been launched in collaboration with both the UK Supreme Court and The Law Commission. BTB has provided 67 mini-pupillages, facilitated 75 mentoring pairs to provide mentees with guidance in the scholarship & pupillage interview process. We held scholarship advice and pupillage advice events and the first annual BTB Middle Temple QS highlighting the importance of diversity at the Bar. The footage can be viewed here: <https://www.youtube.com/watch?v=oSCwcKh9V1E>.

Please [sign up via the BTB website](#) to hear more about BTB's upcoming schemes which will include mini-pupillages, mentoring, Law Commission internships, advocacy workshops, etc.

## FRU (FREE REPRESENTATION UNIT)

The Free Representation Unit (FRU) is a charity that provides legal advice, case preparation and advocacy in employment, social security, and some criminal injury compensation tribunal cases. Their clients could not otherwise obtain legal support for want of personal means and public funding. To provide this service they train volunteer law students and legal professionals in the early stages of their career in the skills required to give confident and competent support for the rights of others. Volunteers give their time for free, so whilst the FRU try to cover as many cases as possible, they cannot always guarantee representation. You can find out about how to become a representative by visiting the Volunteers section of their website.

Find out more about The Free Representation Unit and how you can volunteer at [www.thefru.org.uk](http://www.thefru.org.uk).

You can listen to [David Abbott, CEO of the Free Representation Unit, talking to Daniel Barnett on the LBC Legal Hour](#), discussing what the FRU does, how volunteers are trained and how to clients can contact FRU.

## SUPPORT THROUGH COURT

[www.supportthroughcourt.org](http://www.supportthroughcourt.org)

750 volunteers provide a free service across England and Wales, offering support and guidance before, during, and after court. They ensure that those facing court alone feel prepared and supported in accessing justice.

Read more about [the clients they help](#) and how to [volunteer your skills](#).





THE HONOURABLE SOCIETY OF THE  
MIDDLE TEMPLE

# We are Hiring



The Events Department at Middle Temple are  
looking for people to join our team

Are you interested in a job that allows you an insight to the inner workings of  
an Inn of Court? Would you like to experience some of the most exclusive  
events in the legal calendar?

If so, we are offering a zero hour contract, competitive pay, training and  
flexible hours to work in our Events team.

For more information contact: [events@middletemple.org.uk](mailto:events@middletemple.org.uk)



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