STUDENT INTRODUCTORY SESSION

FOR STUDENT MEMBERS STUDYING THE BPTC
2019/20
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MEMBERS OF THE INN’S STAFF YOU ARE MOST LIKELY TO MEET

EDUCATION DEPARTMENT  
T | 020 7427 4800  
education@middletemple.org.uk

Director of Education Services  
Education Services Manager  
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Training Programme Manager  
Scholarships Officer  
Student Records Officer  
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LIBRARY  
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Librarian  
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Library Administrator  
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Renae Satterley  
Harpreet Dhillon  
Beth Flerlage  
Lenka Geidt  
Adam Woellhaf  
Patrick Ghirardello  
Annabelle Michael  
Fariha Sikondari

SECURITY

Term Dates 2018/19

Michaelmas Term  
Tuesday 1 October  -  Friday 20 December 2019

Hilary Term  
Monday 13 January  -  Wednesday 8 April 2020

Easter Term  
Tuesday 21 April  -  Friday 22 May 2020

Trinity Term  
Tuesday 2 June  -  Friday 31 July 2019
ADVOCACY TRAINING

ADVOCACY WEEKENDS

The Inn runs four residential advocacy training weekends each year; three at Cumberland Lodge in Windsor Great Park and one at the Principal Hotel in York. Each weekend is accredited with three Qualifying Sessions.

The weekends are specifically for students on the BPTC, although if there are spaces available they may be offered to other members of the Inn who are post BPTC and pre-Call.

While these weekends focus on an intense programme of advocacy workshops in groups of six students, each taught by an experienced trainer, there is also ample opportunity to meet practitioners and judges in a social environment.

Due to the high demand for places on these weekends, places are allocated by ballot. For dates and to enter the ballot please visit the website at http://www.middletemple.org.uk/members/student-information-and-services/advocacy-training-for-students/

The deadline for applications is 16:00 on Friday 25 October 2019.

“BE HEARD” WORKSHOPS

As an advocate, you will have to be able to use your voice effectively, often over lengthy periods of time. If you have any concerns over this and/or feel you could do with some training, particularly if you have no experience of public speaking, this could be for you.

The Inn is offering two workshop programmes run by an experienced voice trainer.

Ensure you are heard, understood and able to command a room.

Take a closer look at how you habitually use your voice and whether it serves you.

We will look at different areas of voice and how that impacts your overall advocacy performance. We will explore posture, breathing, diction, resonance, pace, pitch, vocal power, cadence, timing, body language, eye contact, nerves, being comfortable in front of others, gauging acoustics, increasing volume without shouting, addressing a large or small space, and how to develop presence without being dramatic.

The programme consists of three 2½ hour sessions, and you must attend all three sessions. We only have a very limited number of places which will be allocated by ballot if there are more applicants than places.

These sessions do not count as Qualifying Sessions.

The deadline to apply is 16:00 on Tuesday 8 October 2019. For more information and to apply for a place please visit http://www.middletemple.org.uk/members/student-information-and-services/advocacy-training-for-students
CALL TO THE BAR

Middle Temple arranges Call ceremonies four times every year. They are traditionally held on the second Thursday in March and October and the fourth Thursday in July and November. In recent years, we have added additional ceremonies in July and November to accommodate student numbers.

REQUIREMENTS FOR CALL

Students can be Called to the Bar once they have successfully completed the Bar Professional Training Course and been credited with 12 Qualifying Sessions. The 12 QS must be completed during a period of no more than five years ending on the date on which that person is Called to the Bar.

It has previously been possible for Callees to count the reception as their 12th QS. However, please note that this will no longer be the case from Trinity 2020 onwards. **As of Trinity Call in July 2020 the reception will no longer count as a QS.**

GUESTS AND DRESS CODE

Normally only two guests are permitted for the Call ceremony and the reception afterwards, though this will depend on the number of students being Called.

Callees are required to wear full court dress, including wig, gown and bands. These can be purchased or hired for the day (details be provided before Call).

APPLICATIONS FOR CALL

In order to be Called you must submit an application by the stated deadline. The completed form must be submitted together with two supporting letters of recommendation (details below).

**Trinity Call (July & October):** application form available from late March, deadline in late May

**Michaelmas Call (November):** application form available from late March, deadline in late August

**Hilary Call (March):** application form available from mid-January, deadline in early February

Applications can be submitted before BPTC results have been confirmed, and before all Qualifying Sessions have been completed, but Call to the Bar may only take place when all pre-conditions are met.

The Call fee is currently £125.

REFERENCES

Referees must be appropriate professional people who have known you for at least one year, had regular contact with you in the last year and are not related to you. As an exception, we will accept references from BPTC tutors who have only known you during the academic year, rather than a full calendar year. Further details are provided with the Call application form.

Start thinking about who you might ask to be your referees, and ensure that you keep in contact with them during the twelve months leading up to your Call.
ESSAY PRIZES

Every year the Inn runs two essay competitions;

- Colombos Public International Law Essay Prize, worth £1,000
- Lechmere Essay Prize, worth £500

Essay titles and deadlines are announced towards the end of the Trinity term (July). At that time more information can be found on the website at http://www.middletemple.org.uk/education-and-training/scholarships-and-prizes/essay-prizes/

LIBRARY

During term-time, the Middle Temple Library is open from 9:00 to 20:00 Monday to Thursday, 9:00 to 19:00 Friday, and one Saturday out of four (on a rota with the other Inn libraries). Out-of-term hours are Monday to Friday 9:00 to 17:30.

The Library contains print and electronic research materials covering a wide range of English legal subjects. We also provide materials on EU and US law. The Library subscribes to a range of legal databases, journals and law reports including, but not limited to: Bloomsbury Professional, i-law, Justis, Lawtel, LexisLibrary and Westlaw UK and US. The full list of electronic materials, along with access to the library catalogue is available at: http://www.middletemple.org.uk/library-and-archive.

The Library has published a number of guides to legal research covering UK, Irish, EU and US law, as well as parliamentary publications. These are available in the library, or pdfs can be downloaded from our website, under Library Guides. The Library has 16 public computer terminals which provide access to our electronic subscriptions, Internet, and MS Office. Photocopying and printing facilities are available (students get a 50% discount), as is free WiFi.

TOURS OF MIDDLE TEMPLE LIBRARY

Middle Temple Library are offering informal tours for any students who would like to find out about the services on offer. No set times – just enquire at the Library Reception, first floor of the Ashley Building. Tours last approximately 30 minutes. Contact 020 7420 4830 or library@middletemple.org.uk.

MARSHALLING

This scheme gives a student the opportunity to marshal with a judge (sit with him or her on the bench in court), usually for between 3 and 5 days. As well as showing a different perspective on the courtroom itself, it can be an opportunity to speak to the judge informally, with the possibility of being invited back to the judge’s chamber, which could give further insight into the workings of a court.

For more information to apply for a placement please visit the website at http://www.middletemple.org.uk/members/student-information-and-services/marshalling/
**MOOTING**

**ROSAMUND SMITH MOOTING COMPETITION**

Every year the Middle Temple runs a mooting competition for its student members. It is open to both BPTC and CPE/GDL students and is a pairs competition.

Wherever possible you should find your own mooting partner, and ONLY one of you should complete the application form with details for you both (if you are struggling to find a partner you can apply singularly and we will endeavour to pair you up; however, we cannot guarantee that this will be possible).

The deadline for applications is 16:00 on Friday 25 October 2019.

Please note that to be eligible to enter you and your partner must both be members of the Middle Temple and current students on either the BPTC or the GDL in the academic year 2019/20.

There will be an Introductory Session for all participants at 18:00 on Wednesday 4 December 2019.

If you are studying the BPTC or GDL outside of London, you are able to claim reasonable travel expenses to attend this Intro Session and the moot rounds that you participate in. Please retain your travel receipts and submit them with the form provided.

**PRIZES**

The four students who reach the final will take part in a mooting visit to the United States; visits alternate between the University of North Carolina in Chapel Hill and Pepperdine University in Malibu, California.

Each finalist will also receive a wig and gown.

**TIMEKEEPING**

Students not competing can volunteer to be a timekeeper for one or more moots, which gives you the chance to see the mooters in action and pick up advocacy tips from the judges. To sign up please email Rosalie on r.bower@middletemple.org.uk.


**MOOT v PEPPERDINE UNIVERSITY, ROYAL COURTS OF JUSTICE**

As you may know, American graduate law students from Pepperdine study in London during their second or third year to take courses in international law as well as required American law courses. In addition, they organize a number of moot competitions against Middle Temple, Inner Temple and Gray’s Inn.

One of their most popular moots is the one we host at the RCJ for Pepperdine and Middle Temple students. In keeping with tradition, Pepperdine University School of Law invite interested students from Middle Temple to take part in the annual Royal Courts of Justice Moot Court Competition to be held on 14 November 2019 at the Royal Courts of Justice from 6.00pm to 8.30pm, followed by
Greetings from Pepperdine University School of Law!

A few years ago, we started the fine tradition of a mixed team moot, The Pepperdine - Middle Temple Royal Courts of Justice Moot.

As you may know, American graduate law students from Pepperdine study in London during their second or third year to take courses in international law as well as required American law courses. In addition, we organize a number of moot competitions including two against Middle Temple and Inner Temple.

One of our most popular moots is the one we host at the Royal Courts of Justice for Pepperdine and Middle Temple students. In keeping with tradition, Pepperdine University School of Law wishes to invite interested student members from Middle Temple to take part in the annual RCJ Moot Court Competition to be held on 14 November 2019 at the Royal Courts of Justice from 6.30pm to 8.30pm, followed by refreshments with the judges at the George Pub.

There will be two courts in operation, with each court sitting for two rounds. There will be a choice of a civil case or a criminal case to be argued.

Whether you are a novice or an experienced mooter, you are encouraged to take part in this year's Pepperdine-Middle Temple Royal Courts of Justice Moot. Part of our tradition is to have mixed teams, that is, each team will be comprised of a Middle Temple student member, paired with a Pepperdine student.

Last year we had an overwhelming amount of interest in the RCJ Moot. This year we will be choosing 10 Middle Temple moot participants at random to compete. To apply to compete in this moot, complete the application form under ‘Mooting v. Pepperdine University’ on the website at http://www.middletemple.org.uk/members/student-information-and-services/mooting/ before Wednesday 16 October at 5pm. Once you have been accepted and confirmed you will be put in touch with your Pepperdine partner.

The moot problems will be e-mailed to you by 1 November 2019. A list of authorities and skeleton arguments are to be exchanged by e-mail between mooters 48 hours in advance of the moot and also e-mailed to the judge presiding. Bundles should be prepared to present to the judges on the day of the competition. Lead Counsel will argue for 15 minutes, Junior Counsel for 10 minutes.

Come and enjoy the evening and feel free to bring your supporters. We look forward to seeing you at the moot.

With kind regards,

Karen Haygreen, Assistant Director, Pepperdine Law London Programme
A one-day criminal law moot in memory of Jules Thorn Scholar and CPS Pupil Barrister Richard Murtagh.

An exciting opportunity for student members of Middle Temple who have not yet obtained pupillage to participate in a specialist criminal law moot. The competition combines both written and oral advocacy skills, giving participants the opportunity to develop their advocacy and strengthen pupillage applications.

The competition will be held on a single Saturday at Middle Temple in January 2020.

Register your interest now by emailing murtaghmoot@gmail.com

INTERNATIONAL MOOTING OPPORTUNITY

Every year, a team of six students represents Middle Temple at the Willem C Vis International Commercial Arbitration Moot in Vienna. This is the leading international commercial moooting competition and brings together the world's leading experts in international commercial arbitration. Students can expect to work hard, learn a lot and make some fantastic friends! Teamwork is key as you analyse and prepare the case. The team is coached by senior practitioners from One Essex Court and Essex Court Chambers, and students will receive advocacy training as well as attending pre-moots in London, Munich and Paris. All Middle Temple student members are welcome to apply, by sending a CV and supporting statement z.mcglone@4stonebuildings.com by Wednesday 2 October 2019 at 5pm. Further information, including details of the selection criteria and recruitment process, is below.
WHAT IS IT?
The Willem C Vis International Commercial Arbitration Moot is held annually in Vienna. The competition lasts for one week, and attracts over 360 teams from around the globe.

As part of the Middle Temple team, you will be competing against international teams of law students and trainee lawyers and running your own case before some of the world's leading arbitrators.

As well as Vienna, you will also travel to other European cities to take part in international pre-moots and will participate in at least two London-based moots.

Further details, including dates, can be found at: https://vismoot.pace.edu/

WHAT ARE WE LOOKING FOR?
The Middle Temple has a history of success. Previous teams have reached the final rounds in Vienna and have won the London pre-moots, with individual mooters also receiving winning scores. The 2018 team beat the Cambridge team (eventual runners-up in Vienna) in a moot before Lord Phillips.

Applicants must be student members of Middle Temple. We are looking for individuals who are hungry to learn, and a team which is committed to working hard and to winning. In particular, we will be looking for evidence of:

• Team working skills;
• Strong organisational and time management skills;
• Academic ability;
• Drive and determination.

Experience of debating, mootng or other public speaking is desirable but not essential.

WHAT WILL I LEARN?
Under the tuition of Zoe O'Sullivan QC (Serle Court) and Zara McGlone (4 Stone Buildings) you will:

• Receive advocacy training from leading experts in arbitration;
• Develop an astute understanding of international commercial law;
• Learn to draft professional memoranda;
• Learn to manage your time effectively; and
• Begin to understand the realities of case management.

HOW DO I APPLY?
Please prepare and an email statement of:

• A maximum 80 words on why you want to be part of the Middle Temple VIS team; and
• A maximum 200 words, setting out how you meet the criteria described in 'What are we looking for?'.

Send this with a copy of your CV (maximum 2 pages), and your Middle Temple membership number, to: z.mcglone@4stonebuildings.com by Wednesday 2 October 2019 at 5pm.

All applications will be reviewed by at least two members of the 2018-2019 team, and 10-12 shortlisted candidates will be invited to interview. Interviews will be conducted by the coaches and a member of the 2018-2019 team, and will be held in London on Wednesday 9 and Thursday 10 October 2019 – applicants should ensure that they are available on those dates. Successful applicants will be informed of the exact time, date and venue by email. Please note that it will not be possible to provide feedback to unsuccessful applicants.
**OTHER MOOTING OPPORTUNITIES**

There may be other opportunities to moot through the Middle Temple Students’ Association. Following the MTSA Elections, contact the Mooting Officer to find out what the Students’ Association has planned for 2019/20.

**QUALIFYING SESSIONS**

Students are currently required to attend **twelve** Qualifying Sessions (QS) in order to be Called to the Bar. You are of course very welcome to attend more than twelve.

The compulsory twelve sessions must be accumulated within a period of no more than 5 years **ending** on the date of Call.

Please note: previously, attendance at the reception after your Call ceremony could count as your 12th QS. However, from Trinity Call in July 2020 this will no longer be the case. All QS must be completed before the date of Call.

**ATTENDANCE AT QUALIFYING SESSIONS**

- Attendance at Qualifying Sessions at the Inn is recorded by the Front of House staff who collect students’ tickets and check their names against a list.

  **The onus is on students to hand in their ticket and thus to make sure that their attendance goes on record.** If you have misplaced your ticket make sure you speak to a member of staff on arrival so that they can check the list and make a note that you attended.

- To be credited with the QS, you must attend **all** elements of an event, including where applicable the pre-dinner lecture, after dinner speech or musical performance.

- Check in advance what time the doors for a QS are due to close. If you arrive late you may not be credited with the QS.

- Ensure that you arrive with plenty of time to put any coats and bags in the cloakroom (which will be staffed during the event) and collect a student gown, where applicable.

**BOOKING TICKETS**

Members of the Inn can book and pay for tickets for themselves and their guests online.

You **cannot** book tickets for another member of the Inn as your guest if they want the Qualifying Session to count on their record.

To book tickets you will have to log in to the website at [www.middletemple.org.uk](http://www.middletemple.org.uk). If you have not yet created a log-in you can do so by clicking ‘Register’ at the top of the homepage ~ you will need your membership number to complete this process.
Please bear in mind:

- Unless otherwise stated, or the event sells out earlier, booking will close at 12:00 two working days prior to the event.
- Payment must be made at the time of booking – we are not able to reserve tickets.
- When you receive your confirmation email it is your responsibility to check that all the information for your booking is correct.
- You must print your ticket and bring it with you to the event.

**Cancellation Policy**

If for some reason you are unable to attend an event you must cancel your booking by contacting the Treasury Office (You cannot cancel tickets online). A refund will only be processed where a ticket is cancelled by 12:00 two working days before the event.

**Seating Plans & Messes**

For the majority of events, there is no seating plan: seating is first come first served for Student and Hall Members. However, with the exception of All Inn Dining, if you book 4 tickets you can request a ‘mess’, which means that four seats on a table will be reserved for you. This is particularly useful if you are bringing family or friends and want to ensure that you can sit together. To book a mess please contact the office after you have booked your tickets on 020 7427 4800 or education@middletemple.org.uk

*A bit of history* ~ traditionally, barristers and students were all seated in ‘messes’ of four for dinner. The person nearest the High Table on the left hand side of each Mess was the Captain. The Captain would serve each member of the Mess (with himself or herself last). This custom has disappeared since the food is now served individually.

**Dietary Requirements**

- Dietary information can be added to yours and your guests’ tickets once you have booked them by logging onto your account on the website.
- Please ensure that you inform the Inn in good time if you (or any of your guests) have any special dietary requirements, e.g. Vegetarian, Vegan, Pescatarian, Halal, Gluten free, or any food allergies. Informing staff on the evening of the event will be too late so please do bear this in mind.
- For information about Kosher Meals and attending events during Ramadan please visit the website at [https://www.middletemple.org.uk/members/student-information-and-services/dietary-requirements](https://www.middletemple.org.uk/members/student-information-and-services/dietary-requirements).

**Dress Codes**

Events in Hall are usually formal occasions and all present should always be respectfully dressed in appropriate clothes having regard to the nature of the occasion. For more information please visit the website at [https://www.middletemple.org.uk/members/student-information-and-services/dress-in-hall](https://www.middletemple.org.uk/members/student-information-and-services/dress-in-hall).
**RULES & CUSTOMS**

There are certain rules and customs that members are expected to observe when attending formal Qualifying Sessions at the Inn. For more information please visit the website at [https://www.middletemple.org.uk/education-training/student-information-services/qualifying-sessions/dining-rules](https://www.middletemple.org.uk/education-training/student-information-services/qualifying-sessions/dining-rules).

**VOLUNTEERING TO BE A GUINEA PIG OR WITNESS**

There are a few opportunities during the year for students to gain a Qualifying Session free of charge by acting as a guinea pig or a witness on one of our advocacy courses.

**ACTING AS A ‘GUINEA PIG’ ON A TRAINING THE TRAINERS PROGRAMME**

All the Inn’s Advocacy Trainers are practitioners who have undergone a *Training the Trainers* programme. On those programmes, BPTC students are taught advocacy by new trainers who are practising the teaching method, jointly with very experienced trainers. Acting as a ‘guinea pig’ on a *Training the Trainers* Programme, which take place on Saturdays, is accredited as one Qualifying Session.

**ACTING AS A WITNESS ON THE NEW PRACTITIONERS’ PROGRAMME**

In the first three years of independent practice, new practitioners are required to undertake a programme of advocacy training on which student volunteers act as witnesses. Although they will not receive any advocacy training themselves, students tend to find it very useful to observe the training given to the new practitioners. Acting as a volunteer on an NPP exercise, which take place on Saturdays, is accredited as one Qualifying Session.

For information about how to sign up please visit the website at [http://www.middletemple.org.uk/members/student-information-and-services/advocacy-training-for-students/](http://www.middletemple.org.uk/members/student-information-and-services/advocacy-training-for-students/)

**OVERSEAS SCHOLARSHIPS**

There are a number of scholarships available to enable members of the Inn who have completed their BPTC to make educational visits abroad. These include trips to Hong Kong, America, Luxembourg, Israel and Canada.

The application and interview process usually takes place early in the calendar year, so you may apply whilst studying the full-time or the second year of the part-time BPTC, or after completing the BPTC. Most of the short-term trips will then take place during the summer of the year in which the scholarship is awarded.

Details of all overseas scholarships, how to apply and deadlines can be found on the website at [http://www.middletemple.org.uk/education-and-training/scholarships-and-prizes/overseas/](http://www.middletemple.org.uk/education-and-training/scholarships-and-prizes/overseas/)
PUPILLAGE SUPPORT

The Pupillage Gateway, managed by the Bar Council, is the online application system for pupillage. It is a Bar Standards Board requirement that all pupillages are advertised on the Pupillage Gateway for a minimum of two weeks. Some chambers will require you to apply through the system, others have their own application system. For more information please visit http://www.pupillagegateway.com/.

MOCK PUPILLAGE INTERVIEW SCHEME

The Inn offers those with imminent Pupillage Interviews the opportunity to practise their interview technique in front of barristers.

Applicants who have been granted a Pupillage interview may apply to the Inn using the online form and where possible will be matched with a Barrister with the appropriate specialisation from a different chambers.

PUPILLAGE INTERVIEW TRAVEL EXPENSES

The Inn has a limited fund available to support those students who incur substantial expenses in attending pupillage interviews and are finding this financially challenging.

Funding will be limited to cases of particular hardship or exceptional circumstances. Each applicant is expected to underwrite the first £200 of their expenses before seeking support from the fund.

PUPILLAGE SUPPORT GRANTS

In 2016 the Inn launched a support scheme for members who are suffering particular financial hardship during pupillage. The funds available each year are limited.

To be eligible to apply you must;
• be a member of Middle Temple.
• have been awarded a pupillage undertaking principally publicly funded work.
• be in receipt of a pupillage award (including guaranteed earnings) no greater than; £17,500 for pupillages outside of London, or £20,000 for pupillages in London.

PUPILLAGE HARDSHIP GRANTS

The Middle Temple is able to make awards to members of the Inn who are in pupillage, or who have pupillage arranged, to alleviate cases of serious unexpected hardship. Their purpose is to ensure, so far as possible, that members of the Inn with the potential to succeed at the Bar are not prevented from doing so by some unexpected financial setback. The funds available are limited.

For more information on Pupillage Support please visit the website at https://www.middletemple.org.uk/pupillage-support
Sponsorship

An institution such as the Bar, with its traditions and formality, can appear daunting. This scheme aims to provide student members with a ‘sponsor’ - a practising barrister – who will act as a mentor and contact at the Bar, taking a personal interest in the student and providing advice where appropriate. The student is often referred to as a “spondee”.

For more information and to apply for a Sponsor please visit http://www.middletemple.org.uk/members/student-information-and-services/sponsorship-scheme/

Temple Church

“I am ‘the reverend and valiant’ Master of the Temple at the Temple Church, shared between Middle and Inner Temple. The Church itself, through the first courtyards on the other side of Middle Temple Lane, is very beautiful and has a wonderful choir. All members, of any religious faith or none, are welcome to the services and to all other events. I live in the Temple, next to the Church, and am always available to meet members of the Inn; as a former college-chaplain, I know that student-life can at times be hard. I look forward to meeting at least some of you over the year.”

Robin Griffith-Jones, Master of the Temple Church

Well Being

Middle Temple Counselling Service

The Inn is pleased to announce that during 2019/20 we are able to continue to offer a free and confidential counselling service on site to all student and junior members of the Inn to 7 years’ Call.

The service offers support with both personal and professional issues from a qualified and experienced therapist.

For more details about the service including how to access please contact Christa Richmond, Director of Education Services, at c.richmond@middletemple.org.uk.

Well Being at the Bar

Congratulations on your successful degrees and commencing professional training. You will all no doubt be familiar with the term ‘stress’ and many of you may have experienced some of the unpleasant symptoms associated with it during your studies. But how many of you are aware of
what the symptoms are? Or how to recognize them in yourself and others? More importantly what you can do to manage these issues both with preventative steps and simple recovery to ensure that you develop into a resilient lawyer for successful future practice.

Demands and psychological distress in Lawyers globally is a developing phenomena. This is an issue for the profession because it can lead to ethical and professional performance issues, retention difficulties and creation of a toxic culture and environment.

Therefore the General Council of the Bar and all four Inns of Court, supported by the Specialist Bar Associations and Institute of Barristers Clerks have developed a project to support the Wellbeing of those within and entering the profession to safeguard and manage these risks.

Wellbeing is about having the resilience and ability to carry out your professional duties in a healthy way.

The Wellbeing at the Bar programme is designed to:

a) Provide members of the profession with the information and skills they need to stay well;
b) Support members of the profession as they deal with difficulties that arise in so far as they affect a barrister’s professional life; and
c) Provide assistance to those with responsibility (or taking on a supporting role) for those in difficulty or crisis.

Investing in developing the awareness and skills to maintain your wellbeing during demanding studies, work and life in a healthy way will optimize your performance, and ensure that you have the best chance of success in your professional life.

The Young Bar are actively seeking to support you in your early career and have developed a Young Bar Toolkit, comprising of vital information for the new and developing practitioner, to support you in your early practice. This link will take you to their website https://youngbarhub.com/2015/10/09/young-bar-toolkit/

The Bar Council have developed a Wellbeing Portal where you can access information regarding what wellbeing at the bar is, how to manage your own wellbeing and support others whom you may be concerned about and what events are being run in conjunction with specialist bar associations, the Inns and Chambers which you can participate in. This link will take you to this information https://www.wellbeingatthebar.org.uk/help-for-students/

All Inns of Court, Circuits, and Specialist Bar Associations are committed to developing further events and training seeking to provide you with the training to manage your lives and practice in the coming years.

You can also find support and guidance regarding any Equality, Diversity and Disability issue in confidence from The Bar Council via their helpline on 02076111320.
Know the basics!
The critical essentials
Sleep, Diet, Exercise, Mindfulness, Play, Nurturing relationships and daily gratitude practices. Be kind to yourself. Be proud of what you do.

Perfectionism & ruminations risk
Lawyers as a profession are taught to use their brains in a highly analytical way. This learnt behavior places us at risk of perfectionism and rumination in our private lives too which can lead to unhealthy over analysis. At your current stage you may also face great challenges with regards to your future aspirations and from time to time feel negative or low in spirits regarding this.

Simple safeguards
Your studies, remember the basics, and creating healthy habits for balance and success. Your career, keep the challenges in context, and normalize the rejections given the competition of the Bar, seek support via mentoring, counselling and share your concerns with family, friends or professional schemes offered by your Inn. Ask yourself every year how you are travelling and where you want to be in two years’ time, set a goal which you can feel a sense of pride and success in achieving, it may be some voluntary work, or even an unrelated career goal.

Consider doing a skills audit to evaluate your abilities and growth. Ask yourself frequently if you want to keep doing this and consider seeking support to change direction if you’re not content. Be aware of adrenalin addition.

Getting Help
During your studies you have access to your providers counselling and support service, be aware that the portal has an online facility providing you with lots of valuable guidance. Pupils and self-employed practitioners have access to free counselling via an assistance scheme managed by Bar Council and funded by WATB and the Bar Mutual Indemnity Fund.

For more information about Wellbeing at the Bar contact smercer@barcouncil.org.uk

Rachel Spearing, Co-Founder of WATB, Bencher of Inner Temple

WORK FOR MIDDLE TEMPLE EVENTS

LOOKING FOR CASUAL WORK?

Are you looking for a part-time job that is flexible and well paid to help support you in your studies? Here at Middle Temple, we run over 500 events annually and we are always looking for hard working and friendly people to work as waiters and drinks staff.

For more information contact events@middletemple.org.uk.
MIDDLE TEMPLE SOCIETIES & ORGANISATIONS

MIDDLE TEMPLE STUDENTS’ ASSOCIATION (MTSA)

WHAT DOES THE MTSA COMMITTEE DO?

The MTSA committee is a student committee formed fundamentally to represent the interests of all student members of MT, providing a formal link between the MT student member and the Inn. We aim to bridge the gap, making your voice heard by your Inn be it to address a problem within the student community or to find ways of enhancing the MT student member experience. We speak out for you at MT meetings, we organise social gatherings to help you know better your peers (watch out for the next MTSA Ball!). We understand the strife of the pupillage hunt, hence we try to assist you in your applications (our Pupillage Advice Sessions event has been quite popular with both practising barristers and students since its initiation).

If being part of these fantastic endeavours excites you— not to mention it being a brilliant opportunity to build your personal network with practising barristers and like-minded peers, and a valuable addition to your CV - RUN FOR A POSITION DURING THE MTSA COMMITTEE ELECTIONS!

MTSA ELECTIONS

Wednesday 9 October 2019, Middle Temple Hall - counts as a Qualifying Session, free to attend. Drinks and food are provided so that you can all mingle whilst the counting takes place.

Available positions

Below is a brief job scope for each position. For more information on what the roles further entail, please do not hesitate to contact the relevant present committee members:

President (Ben Joseph, president@middletemplestudents.com)
- Overall management of the Committee
- Sit on Executive Committee as ex-officio member

Vice-President (Adrian Yalland, vicepresident@middletemplestudents.com)
- Management of provider representatives across the UK
- General administrative support for the Committee
- Sit on the Membership Committee as the MTSA Representative

Treasurer (Wen Yang Neo, treasurer@middletemplestudents.com)
- Management of MTSA finances
- Responsible for settling invoices with third parties

Mooting Officer (Nick Mellis, mooting@middletemplestudents.com)
- Organise regular training throughout the academic year
- Organise an intra-Inn mooting competition
- Recruit the Inn representatives for the inter-Inn mooting competition
- Assist the Inn during the Rosamund Smith mooting competition

Debating Officer (Lettie Egan, debating@middletemplestudents.com)
- Organise regular training throughout the academic year
- Organise an intra-Inn debating competition
- Organise and hold the Monroe Cup debating competition at Middle Temple
- Recruit an Inn team for the Monroe Cup

**Communications Officer** (Nicole Choong, communications@middletemplestudents.com)
- Upgrade of MTSA website
- Collation of news stories, information and articles for fortnightly MTSA newsletter
- Management of MTSA social media including creation of Facebook events

**Events Officer** (Eidvile Banionyte, events@middletemplestudents.com)
- Organise the Christmas Ball, Summer Ball and Pupillage Advice Evening
- Organise and hold regular events for MTSA members in Tasker’s
- Collaborate with MTYBA events officer on holding joint events
- Sit on the Hall Committee as the MTSA Representative

**Equality, Diversity and Welfare Officer**
(Genevieve Vanniasingham, equality@middletemplestudents.com)
- Responsible for liaison with the Inn regarding any welfare issues which are presented by MTSA students
- Represent the MTSA at the regular visits of 6th form students to the Rolls Building in conjunction with the National Centre for Citizenship and the Law / The Rolls Building Art and Educational Trust
- Explore outreach projects with external organisations

**How to stand for a position**

**ATTEND** ELECTION NIGHT! Try to come early, a register of nominations will be gathered on the evening itself. You can nominate yourself for as many positions as you like.

**CAMPAIGN.** Following a brief formal introduction, 30 minutes will be allocated to allow you to mingle and campaign. This has proven to be an excellent opportunity to prove your worth to your peers and to question the potential of fellow nominees- do take advantage of this session!

**HUSTINGS.** Each nominee will be allowed 2 minutes to demonstrate on stage their suitability for the roles sought for. Please prepare your speech effectively- you will not be allowed to exceed the time limit. The order will follow that of the positions listed above.

**VOTE.** The vote will then be held, followed by the counting of votes, and the results are announced that evening.

**MEETING.** The newly elected committee will convene for their first (brief) meeting.

**How to stand for a position if you cannot attend the elections**

Send your details (name, position) to Ben Joseph at president@middletemplestudents.com with a short write-up on your suitability for the position. This will be read out during the evening.

Limit: Arial, size 12, one-side of an A4 page.

We hope to see all of you at the elections on 9 October! Until then, we wish you all the best settling into the BPTC.

Kind regards, your MTSA Committee 2018/19
MTYBA - Middle Temple Young Barristers’ Association represents the interests of the Inn’s members from the point of being called to the Bar to 7 years post-pupillage experience. We organise professional and social events and provide funding in the form of grants. Membership is automatic upon being called to the Bar.

We encourage engagement via Twitter, Facebook, email (enquiries@mtyba.org) and our website www.mtyba.org.

Good luck on the Bar Course! We look forward to welcoming you at an event once you've been called.

The Temple Women’s Forum was founded by Middle and Inner Temple in 2011 to encourage and support women throughout their careers, so as to increase retention within the profession. It provides a meeting place to focus together on some of the key issues identified as contributing to the decision of many women to leave the profession in the prime of their careers. Although aimed at women practitioners, men are certainly not excluded. https://www.innertemple.org.uk/your-professional-community/temple-womens-forum/

Middle Temple will soon be launching the Middle Temple LGBTQ+ Forum. This new Forum is being created to provide education as well as genuine support and guidance on LGBTQ+ issues at the Bar.

Middle Temple is proud of its welcoming and tolerant values, the LGBTQ+ Forum will continue to support the work of the Inn to maintain the safe and inclusive space Middle Temple provides for its members. We will be offering a variety of events including lectures, small workshops, and larger dinners. As the Inns newest members we are excited for you to join us in developing the Forum.

The Inn runs various events on Circuit throughout the year. In a bid to re-engage with our members on Circuit, the Inn has established Middle Temple Societies on the Circuits out of London, with Societies established on the Northern, North Eastern, Midland and Wales Circuits. The Inn will be setting up a Western Circuit Society in the near future. Events on Circuit include Black Tie dinners, summer drinks parties, receptions and messes.

If you are interested in being involved on your Circuit please do let the Membership team know.

There are Middle Temple Societies in Hong Kong, Malaysia, Mauritius, Singapore and Gibraltar.
Hong Kong
Catrina Lam of Des Voeux Chambers is the Secretary of The Middle Temple Society in Hong Kong.

Malaysia
Jagjit Gill is the Secretary of The Malaysian Middle Temple Alumni (TMMTA) based in Kuala Lumpur.

Mauritius
Rashad Daureeawo SC is Chairman of the Mauritius Middle Temple Society.

Singapore
Robert Foote is the Secretary of The Singapore Middle Temple Society.

Gibraltar
Darren Martinez is the Secretary of the Gibraltar Middle Temple Society.

For details of how to contact any of the secretaries of the International Societies please get in touch with the Membership Department.

020 7427 6385
members@middletemple.org.uk

MIDDLE TEMPLE HISTORICAL SOCIETY (MTHS)

Welcome to the Middle Temple. You will probably not have heard of the Middle Temple Historical Society. We and our guests meet approximately four times a year in the Bench apartments for drinks, a hot supper and a talk on an historical topic, usually with a legal theme. We also have two outings each year at a very modest cost, or, as at the Tower of London, no cost at all. Membership of the Society is open to all members and friends of the Inn and its staff and a warm welcome is extended to students. The annual membership fee is £10 but those who are not members are invited to attend a meeting before joining. The cost for the supper party is £30 per person but is reduced to £15 for students. Unfortunately meetings do not count as qualifying sessions.

You will see from this year’s programme below that we have a wide range of eminent speakers and I hope that you will find something of interest.

Meetings start with drinks in the Prince’s Room at 6.30pm. If you would like to attend, please let us know by booking a week in advance to mths@middletemple.org.uk. Cheques should be made payable to the Society and sent to the Middle Temple Historical Society, c/o the Treasury, Middle Temple, London EC4Y 9BT.

We very much hope that you will join us. If you would like more information, please contact me by email at the above email address.

Best wishes, John Mitchell, Chairman of MTHS
Meetings of the Middle Temple Historical Society are open to all members, staff, friends of the Inn and their guests who are welcome to attend a meeting before becoming members. We meet four times a year in the Bench apartments for drinks at 6.30pm followed by an informal buffet supper and a talk on an historical topic, usually with a legal theme. Meetings finish at 9.15pm.

Tickets cost £30, £15 for students of Inn and are booked on the Events page of the Inn’s website. Those who are not members of the Inn or who are unable to book online may book by contacting the Treasury Office. Please note that meetings are not qualifying sessions.

For further information about the Society and to enquire about membership, contact Master John Mitchell at mths@middletemple.org.uk.

2019

Tuesday 5th November. **Helena Normanton**

Dr Judith Bourne, Co-Director of the Centre for Law and Culture at St Mary’s University, London

After years of effort Helena Normanton was finally able to join the Middle Temple as a student on Christmas Eve 1919. Less than three years later she became only the second woman to be Called, later becoming one of the first women King’s Counsel. Her biographer, Dr Judith Bourne will help us celebrate this determined and remarkable member of the Inn. Bookings close on the 31st October.

The meeting is preceded by the Society’s AGM at 6.15pm.

Thursday 12th December 6.30pm. **Master Igor Judge**

**A Collection of Medieval Documents: With Promptings from William Shakespeare**

Master Igor Judge will explain how and why he collected the medieval documents which form this term’s Library exhibition. This is not a supper event but the talk will be followed by a wine reception and the Library will remain open so that the documents can be viewed.

The meeting is open to all members of the Inn and their guests. Tickets cost £7.50 and are booked on the Inn’s online Events page. Bookings close by the 9th December.

2020

Tuesday 14th January. **The Silent Revolution in Advocacy in The Twentieth Century**

Dr Andrew Watson, Sheffield Hallam University

By the 1940s the dramatic advocacy of the late 19th century had been replaced by a conversational tone and appeals to juries were now based on reason combined with a controlled appeal to emotion. Dr Andrew Watson will recount how this happened. Bookings close on the 9th January.

Tuesday 25th February. **The Two Hakluyts**

Professor Stephen Alford, Professor of Early Modern English History, the University of Leeds

Richard Hakluyt, the younger, is famous for his accounts of the many Elizabethan explorers. at the end of the sixteenth century. As well as being a passionate cosmographer, his uncle, also called Richard, was a member of the Middle Temple. Professor Alford, the author of London’s Triumph: Merchant Adventurers and the Tudor City, will tell the story of uncle and nephew. Bookings close on the 20th February.

Tuesday 17 March. **The Early Gardens of the Inns of Court**

Dr Paula Henderson

Dr Henderson, an architectural and garden historian will describe how medieval garden design was adapted for the use of an elite professional society in the increasingly confined urban environment of the early modern period. Bookings close on the 12th March.
REVELS

Calling all actors, singers, stand-up comedians, dancers, writers, stage hands…

MT Revels is the modern expression of an ancient Inn tradition. It is a revue/ cabaret staged over two nights at the end of the Michaelmas term in front of a packed and noisy Middle Temple Hall. It is relaxed, irreverent and fun. Students, Barristers and Benchers all take part.

The performances this year are Thursday 12 and Friday 13 December 2019. Further details about auditions and rehearsals can be found below.

At the Introductory Session for London students some of the Revellers will be on hand to welcome you, answer questions and explain how you can get involved. Please look out for Dan and the team. We look forward to meeting you.

Bill Wood QC, Master of the Revels

Welcome New Students!
Revels is a comedy sketch and song show held in Middle Temple Hall during Christmas time, comprised of original material and accompanied by a live band. The show has a long history going back at least 400 years. It has changed shape over time, but it has always retained the tradition of being a little rebellious.

We are looking for:

*Actors* *Singers* *Musicians* *Writers* *Back of House*

Commitments:
- Twice weekly evening rehearsals from the beginning of October through to December as we create the show from scratch
- Two All-Day rehearsals on Sunday 24th November and Sunday 8th December 2019 which are mandatory
- Dress Rehearsals in the evening on Monday 9th and Tuesday 10th December 2019 (also mandatory)
- The show nights are Thursday 12th and Friday 13th December 2019

We want to reassure you that the majority Revellers have done the show alongside their studies, pupillage and tenancy. We know that Middle Templars are a talented bunch! So we see this is a chance for you to show off your skills and have some fun. Plus, you can pride yourself on the fact that all proceeds raised from the performance go to Master Treasurer’s chosen charity – this year it is the Sir Paul Jenkins Memorial Fund.

We will be at the Introductory Session for London Students on 24th September, so come and speak to
us. Or if you want to get in touch with us at any other time, please do email us at middletemplerevels@gmail.com.

Please note that auditions this year are on Monday 30 September 2019 from 18:30, location TBD, but will be in the Temple area.

Meanwhile, if you want to see the kinds of songs and sketches we have created here are some clips from previous performances:
https://www.youtube.com/channel/UCL6nFLk2RI40k1HBeSeBnwA

And if you want to know more about the history of Revels, check out this article the Middle Temple Archives produced last year:

We hope to see you soon!
Dan, Celena, Mike and Roxanne –Revels 2019 Production Team

THE TEMPLE SHAKESPEARE CUP

The Honourable Societies of the Middle and Inner Temple were delighted in 2019 to announce a Summer Shakespeare Production, with a twist, namely the inaugural Temple Shakespeare Cup. Before a panel of distinguished Judges, including Hollywood actress Olivia Williams, both Inns presented an hour of Shakespeare, separated by an interval, with one Inn victorious: Middle Temple!

We were delighted to add the Temple Shakespeare Cup to the Inn's silver collection, and we are very keen to retain it in 2020.

The production will take place in July 2020 with rehearsals in April, May and June. Auditions will be held in February 2020. The casts in 2019 spread across the Inns included Queen's Counsels, Benchers, barristers, pupils and students. This is therefore a great opportunity to meet other Members of your Inn.

For further information please email middletempleredrama@gmail.com

Colin Witcher, current Co-Chair of the Temple Shakespeare Cup

EXTERNAL CLUBS, SOCIETIES AND OPPORTUNITIES

BAR LESBIAN AND GAY GROUP (BLAGG)

The Bar Lesbian and Gay Group - BLAGG exists to support lesbians, gay men, bisexuals and transgender persons at whatever stage they are in the profession, whether or not they are 'out' and whether they want to enjoy the social side or are just seeking information and advice.

In addition, BLAGG carries out important policy work. We are regularly consulted by Government departments, high profile charities and foreign academics and practitioners, along with having close contacts with the Bar Council’s Equal Opportunities department.
We support the newly established ‘Pink Law’ project, run by Queen Mary’s College. This is a free, legal service aimed to help lesbians and gay men. We invite and encourage all of our members to assist it.

BLAGG has also joined with LAGLA (the Lesbian and Gay Lawyers Association) in organising several one-day conferences covering a wide range of lesbian and gay issues – employment, fostering and adoption, crime and marriage and partnerships.

For more information, or to get involved, please contact Stephen Lue at stephenl@gclaw.co.uk. See the poster below for information on the first social of the legal year.
BAR MUSICAL SOCIETY

The Society’s aim is to promote the love and appreciation of music by student members of the Inns, barristers and Judges. Applications to join the Society should be made to Nikolas Clarke, Field Court Chambers, 5, Field Court, Gray’s Inn, London WC1R 5EF or nikolas.clarke@fieldcourt.co.uk

BAR YACHT CLUB

New members are always welcome to join the Bar Yacht Club, especially Bar students, pupils and junior members of the Bar. Enthusiasm is more important than experience and there are always vacancies for crew if you aren’t confident of your abilities.

For more information visit the website: http://www.baryachtclub.org.uk/

CHORAL BAR SOCIETY

The Bar Choral Society was founded in 2014 and presents approximately 2 concerts a year in and around Temple.

Led by our Music Director, Greg Morris, the choir gives barristers, solicitors, clerks and other legal professionals - as well as family members - the opportunity to come together to sing choral music to a high standard. Our Monday evening rehearsals take place in Temple Church which has a long association with the Law and provides an uplifting setting, as well as a wonderful acoustic, for the choir.

Funded by Members’ subscriptions, concert receipts and contributions from supporters and sponsors, the Society has grown since 2014 and now has around 120 members.

We welcome new applications from singers of all levels - from choral scholars to those who have never sung in a choir before - and there is no audition. If you are interested in joining the choir, or just want to find out more about the Society, please contact us at: info@barchoralsociety.co.uk

www.barchoralsociety.co.uk     Twitter: @BarChoral     Registered Charity Number: 1163229

COMMONWEALTH IN ENGLAND BARRISTERS’ ASSOCIATION (CEBA)

The Commonwealth in England Barristers’ Association (known as CEBA) exists to support lawyers from around the Commonwealth who are practising in England and to enable lawyers in England to support other lawyers who are practising in other Commonwealth jurisdictions.

Membership is free to students. Please apply by email to the Membership Secretary for Students at cebamember@hotmail.co.uk
THE EUROPEAN CIRCUIT OF THE BAR

I am writing to introduce The European Circuit of the Bar. The Circuit is an association of lawyers and law students who have an interest in cross-jurisdictional issues and EU Law. For young lawyers, it can often be challenging to decide which practice areas to target and how to develop the knowledge, experience and network needed to access further opportunities. Active membership of the Circuit will help in this endeavour by providing an environment where young lawyers can hone their understanding of international advocacy and take part in regular events hosted by leading practitioners.

If you would like to become a member or find out more about the Circuit and our events, please visit us at www.europeancircuit.com. You can also contact the Circuit directly at administrator@europeancircuit.com.

Kind regards, Kieran Mercer

Membership

FREE REPRESENTATION UNIT (FRU)

FRU volunteers provides legal advice, case preparation and advocacy in employment & social security. Our clients could not otherwise obtain legal support for want of personal means and public funding. To provide our service we train volunteer law students and legal professionals in the early stages of their career in the skills required to give confident and competent support for the rights of others. Our volunteer reps give their time for free, so whilst we try our best to cover as many cases as possible, we cannot always guarantee representation. There are about 270 volunteer representatives active in any year, most of whom are required to run their cases through our offices. You can find out about how to become a representative by visiting the Volunteers section of the website. http://www.thefru.org.uk/  T | 020 7611 9555

PUPILLAGE PAGES

The Pupillage Pages would like to congratulate and welcome to the Bar the new intake of BPTC students for 2019/20. For the majority of students, this will be the start of the pupillage application process and we are here to help guide you through that process in the most helpful way possible. The aim is to bring you all the information you will need to maximise your chances of being one of the few Bar students that make it to practice as barristers in England and Wales. The site offers advice and ideas at every stage of the process from deciding on law schools, practice areas and chambers right through to preparing you for pupillage interviews and bringing you information of interview dates, offers and the latest chambers news. The information is not generic and neither is it merely an add-on to content mainly aimed at solicitors. We work closely with various Chambers, BPTC providers and the Inns of Court to make sure you get the most useful advice and the latest news. The contributors from the site were all successful candidates in obtaining a pupillage so you can trust the advice given actually works. Make sure to give yourself the best chance possible at obtaining pupillage by visiting www.thepupillagepages.com.

Good luck for the coming year.
The Pupillage Pages Team
VOCALISE

Vocalise is an organisation supported by Gray's Inn that puts aspiring barristers into prisons in greater London to teach debating. It is open to members of all Inns at any level - whether LLB, GDL, or BPTC.

You can find more details and the application form on the Gray's Inn website by following this link - https://www.graysinn.org.uk/education/student-members/vocalise. The deadline for submissions is 11:59pm on Sunday 6th of October.

Vocalise is holding an open evening on 25 September at 6pm in the Large Pension Rooms in Gray's Inn. Drinks and nibbles will be provided. The evening will give you an opportunity to find out more about the project and ask any questions to the directors and former mentors.

The Vocalise Directors info@vocalise.org.uk

THE ASSOCIATION OF WOMEN BARRISTERS

Founded in 1991, the AWB monitors and represents the interests of women at the English Bar. Everyone is welcome to join regardless of gender!

The identifiable problems that we keep under review include:

• Problems returning to chambers after maternity leave or other career breaks;
• The disproportionate effect of public funding cuts on women due to the concentration of women practising at the family and criminal bars;
• Representation of women in silk and in judicial office.

Our mentorship scheme is now open and we offer two meetings with a mentor to new students who want to be mentored by a more senior member of the Bar during the coming year.

Last year we ran a number of networking events and conferences. This year we are planning conferences on working in the law internationally (29 October 2019) and on recent miscarriages of justice in the UK (7 February 2020). We will be running a pupillage applications clinic in January 2020 at the Bar Council.

Last year we organised a roundtable event to discuss bullying in the workplace (following on from the Bar Council’s Anti-Bullying survey). A preview of the AWB report on harassment and bullying at the Bar (which is being launched on 3 October) can be accessed here: https://tinyurl.com/y39qx54m

Membership for students is £10 per annum, payable by direct debit. More details can be found on the AWB website at www.womenbarristers.com. Follow us on Twitter: @WomenBarristers
YOUNG MARITIME PROFESSIONALS

YMP is a London based social, networking and educational association set up for the benefit and support of the younger members of the maritime and shipping industry. Join us to read and discuss topical issues, learn about YMP, find out more about our events and make new contacts.

The Young Maritime Professionals is an association founded under the auspices of the London Shipping Law Centre and specifically aimed at the younger generation in shipping. Our core membership is made up of members from every major maritime insurance law firms and Chambers. We welcome members from all areas of the industry from students, with an interest in shipping, to established professionals. Our aim is to promote cross-sector networking, education, exchange of knowledge and ideas and to further professional development. We run regular networking and educational events that may range from evening panel discussions, short talks, onsite visits or just purely social events.

These events provide the opportunity to meet peers and make those all-important connections and contacts that will become invaluable in our senior years! http://www.lslcymp.com/